



COACHES CODE OF CONDUCT

Saorsa is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, officials, parents/guardians and spectators associated with the club should, at all times show respect and understanding for the safety and welfare of others. Therefore, all coaches associated with Saorsa should comply with this code of conduct and consider the well-being and safety of participants above all else.

Good Practice

- Promote the positive aspects of the sport (e.g. fair play and respect for others). Set a good example by recognising good sportsmanship and applauding good performances. Encourage participants to value their performances and not just results.
- Develop an appropriate working relationship with Participants and their based on mutual trust and respect. Always ensure that channels of communication remain open for the benefit of the participant.

Safety

- Be aware of your responsibilities with regards to the duty of care 'owed' to participants and follow recommended good practice at all times.
- Report any incidents of poor practice, bullying or potential abuse by following the appropriate guidelines set out in our Code of Conduct procedures.
- Always arrive 10 minutes prior to class times to oversee the arrival of participants and be ready to start the class on time.
- Lead coaches should prepare a lesson plan that should be followed.
- Coaches should refrain from using their mobile phones for calls or personal use during class times.
- Assistant coaches must follow the directions of the lead or head coach.
- Work within the guidelines relating to your qualifications and insurance cover.
- Ensure all activities are appropriate to the ability and experience of the participants and that all participants are suitably prepared physically and psychologically.

Respect

- Display consistently high standards of behaviour and appearance, dressing suitably and not using inappropriate language at any time whilst involved with club activities. Remove all jewellery before commencing coaching activities. Never consume alcohol immediately before or during training sessions or events. Never condone rule violations or use of prohibited or inappropriate substances.



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- Make sure that confidential information is not divulged unless you have the express approval of the individual concerned.
- Ensure you do not allow yourself to be distracted while you have responsibility for supervising participants.
- Respect the rights, dignity and worth of all Saorsa members.
- Aim to improve the participants self-confidence by giving positive feedback and constructive criticism. Avoid being negative and undermining their confidence.
- Always use the facility and equipment according to appropriate guidelines.
- Refrain from criticising Saorsa coaches/officials/members in public and if you have worries or concerns make every effort to speak directly to the person or alternatively the head coach or the club manager. Be respectful of coaches, officials and parents from other clubs at all times.

Issue Resolution

If you have any issues with fellow members or instructors please speak to an instructor, preferably in person and at the time. All reports are taken seriously and will be investigated and acted on accordingly.

Alternatively, if you do not feel comfortable speaking with us in person or unable to do so at the time, you can send us a facebook message to our page, email us at saorsa.swords@btinternet.com.

Please note: The instructors have the right to issue warnings, suspend or expel members who are found to be guilty of misconduct or malicious intent.